

# \*GLUTEN FREE\*

*This is a guide intended to help navigate low gluten options throughout our menu\**

## *Appetizers*

**Mussels // 17<sup>95</sup>**  
without the crostini

**Calamari // 15<sup>95</sup>**  
without breading

**Tuna Tartare // 17<sup>95</sup>**  
substitute cucumber

**Roasted Oysters // 21<sup>95</sup>**  
without breadcrumbs

## *Salads*

**All Salads can be Made  
Gluten Free**

## *Pastas*

**Penne Corn & Rice Noodles can be  
Substituted for All Pastas**

**Gluten Free Sauces**  
mother, garlic cream, pesto, butter

## *Entrées*

**All Steaks can be Made  
Gluten Free**

**Antarctic Salmon // 29<sup>95</sup>**

**Insignia Scallops // 39<sup>95</sup>**  
without potato chips

## *Sides*

**All sides are Gluten free**

## *Desserts*

**Chocolate Almond Tortino // 10<sup>95</sup>**

**Crema al Limone // 8<sup>95</sup>**  
without biscotti

**Creme Brulee // 8<sup>95</sup>**

**Gelato & Sorbetto // 5<sup>95</sup>**  
without biscotti

*\*Terza will use our heightened awareness of your dietary restrictions to prepare a meal that meets your standards to the best of our abilities. Terza is in no way certified as a complete "gluten free" option.*

**Winter 2023**