

GLUTEN FREE

*This is a guide intended to help navigate low gluten options throughout our menu**

Appetizers

Mussels // 17⁹⁵
without the crostini

Calamari // 15⁹⁵
without breading

Tuna Tartare // 17⁹⁵
without wontons

Roasted Oysters // 19⁹⁵
without breadcrumbs

Salads

**All Salads can be Made
Gluten Free**

Pastas

**Penne Corn & Rice Noodles can be
Substituted for All Pastas**

Gluten Free Sauces
mother, garlic cream, pesto, butter

Entrees

**All Steaks & Chops can be Made
Gluten Free**

Grilled Salmon // 32⁹⁵
substitute gluten free penne pasta

Insignia Scallops // 39⁹⁵
without potato chips

Cioppino // 34⁹⁵
without the crostini

Sides

All sides are Gluten free

Desserts

Chocolate Almond Tortino // 10⁹⁵

Crema al Limone // 8⁹⁵
without biscotti

Flourless Chocolate Cake // 10⁹⁵

Crema Brulee // 8⁹⁵

**Terza will use our heightened awareness of your dietary restrictions to prepare a meal that meets your standards to the best of our abilities. Terza is in no way certified as a complete "gluten free" option.*

Winter 2023

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