

# ✳️ GLUTEN FREE ✳️

*This is a guide intended to help navigate low gluten options throughout our menu\**

## *Appetizers*

**Mussels // 17<sup>.95</sup>**

without the crostini

**Beans & Greens // 10<sup>.95</sup>**

without the crostini

**Woodfire Garlic Shrimp // 16<sup>.95</sup>**

without breading

**Tomato Basil Soup // 6<sup>.50</sup>-8<sup>.50</sup>**

without bread crumbs

## *Salads*

**All Salads can be Made  
Gluten Free**

## *Pastas*

**Penne Corn/Rice Noodles can be  
Substituted for All Pastas**

**Gluten Free Sauces**

mother, garlic cream, pesto, butter

## *Entrees*

**All Steaks & Chops can be Made  
Gluten Free**

**Grilled Salmon // 34<sup>.95</sup>**

**Chicken Picatta // 25<sup>.95</sup>**

without breading

**Cioppino // 34<sup>.95</sup>**

without the crostini

## *Sides*

**All Sides can be Made  
Gluten Free**

## *Desserts*

**Chocolate Almond Tortino // 10<sup>.95</sup>**

**Crema al Limone // 8<sup>.95</sup>**

without biscotti

**Sorbetto / Gelato**

ask server for availability

*\*Terza will use our heightened awareness of your dietary restrictions to prepare a meal that meets your standards to the best of our abilities. Terza is in no way certified as a complete "gluten free" option.*

**Summer 2022**