

## \*GLUTEN FREE\*

*This is a guide intended to help navigate low gluten options throughout our menu\**

### *Appetizers*

**Roasted Oysters // 24<sup>.95</sup>**  
without breadcrumbs

**Tuna Tartare // 17<sup>.95</sup>**  
substitute celery for wontons

**Stuffed Mushrooms // 15<sup>.95</sup>**  
without breadcrumbs

**Calamari // 15<sup>.95</sup>**  
without breading

### *Salads*

**All Salads can be Made  
Gluten Free**

### *Pastas*

**Penne Corn/Rice Noodles can be  
Substituted for All Pastas**

**Gluten Free Sauces**  
mother, garlic cream, pesto, butter

### *Entrees*

**All Steaks can be Made  
Gluten Free**

**Grilled Salmon // 32<sup>.50</sup>**

**Seared Scallops & Risotto // 38<sup>.95</sup>**

**Insignia Scallops // 39<sup>.95</sup>**  
without potato crisps

### *Sides*

**All Sides can be Made  
Gluten Free**  
(excluding crispy polenta)

### *Desserts*

**Chocolate Almond Tortino // 10<sup>.95</sup>**

**Crema al Limone // 8<sup>.95</sup>**  
without biscotti

**Sorbetto / Gelato // 5<sup>.95</sup>**  
without biscotti

**Crema Brulee // 8<sup>.95</sup>**

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*\*Terza will use our heightened awareness of your dietary restrictions to prepare a meal that meets your standards to the best of our abilities. Terza is in no way certified as a complete "gluten free" option.*

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